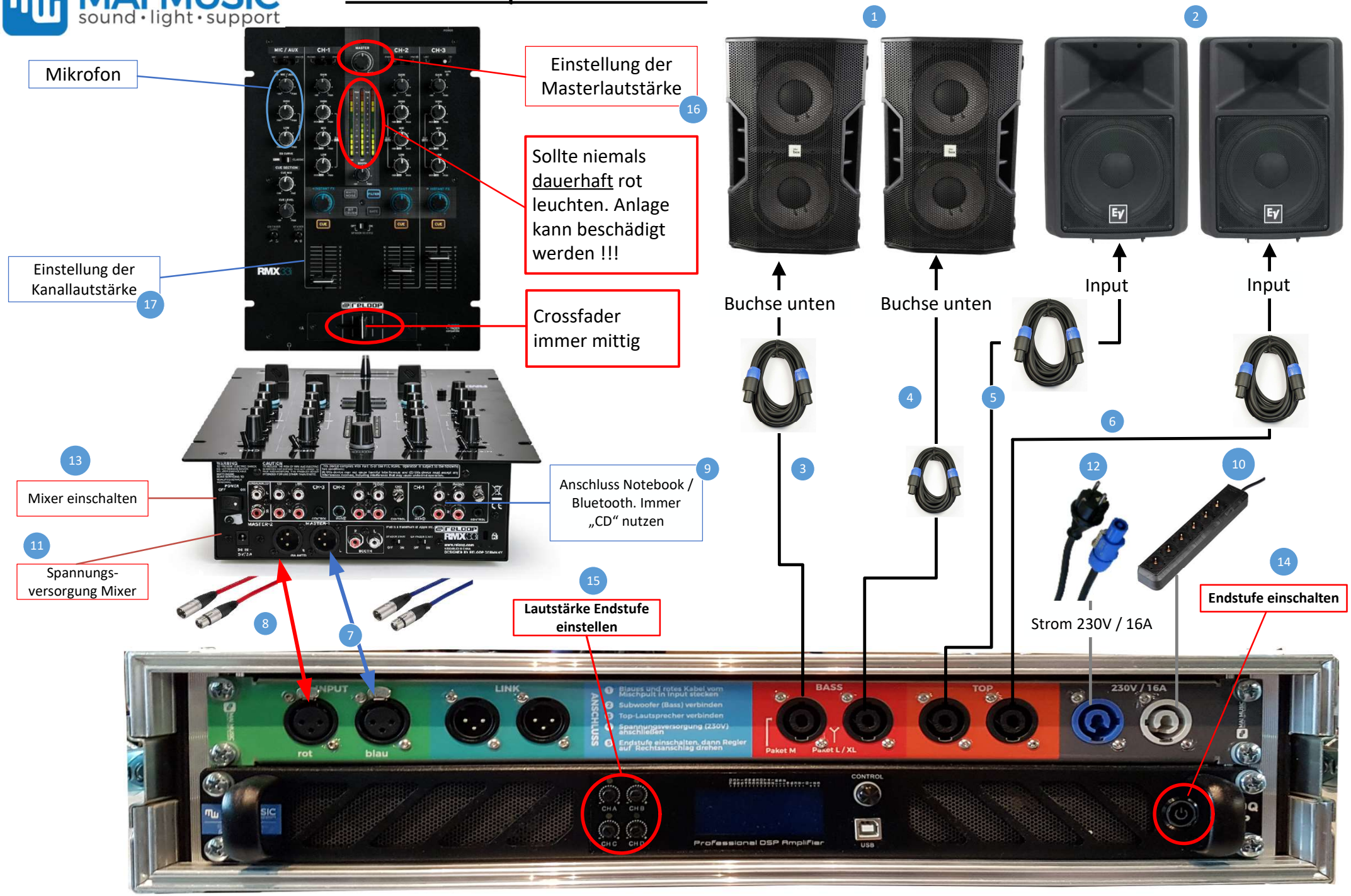Anschlussplan Paket-L